



2701 N. Martin Luther King Avenue  
 (Between N.E. 26<sup>th</sup> & N.E. 27<sup>th</sup>)  
 Oklahoma City, OK 73111  
 (405) 424-0456  
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[caricanflavors.com](http://caricanflavors.com)

*The Best Caribbean American Homestyle Food in Oklahoma City*

**VEGETARIANS WELCOMED**

**WE ACCEPT CHECKS**

Mon – Fri 11am to 7:30pm

Sat 12 -7:30pm (Spring & Summer)



Mon – Fri 11am – 6:30 pm

Sat 12 – 6:30pm (Fall & Winter)

*Take Out or Dine In*

## PLATTERS

Jerk <b>Chicken</b> ( <i>seasoned and cooked with Jerk Spices- mild</i> )	7.61
Curried <b>Chicken</b> ( <i>simmered in garlic, cilantro and potatoes with Trinidad curry</i> )	7.61
Jerk <b>Wings</b> ( <i>seasoned and cooked with Jerk Spices - mild</i> )	8.21
Curried <b>Goat</b> ( <i>seasoned with fresh garlic and herbs, cooked with Trinidad curry</i> )	10.85
Lamb <b>Stew</b> ( <i>grilled, then sautéed in carrots, tomatoes, onions, peppers</i> )	10.52
Fried <b>Catfish</b> ( <i>catfish fillet seasoned with fresh herbs grilled or fried</i> )	9.05
Grilled <b>Tilapia</b> ( <i>seasoned with fresh herbs and grilled with tomatoes, onions &amp; peppers</i> )	9.10
Stewed <b>Red Snapper</b> ( <i>sautéed with fresh herbs, tomatoes, onions &amp; peppers</i> )	10.75
Smoked <b>Turkey Legs</b> ( <i>cooked with fresh herbs, tomatoes &amp; onions</i> )	8.50
Stewed <b>Beef</b> ( <i>cooked to tender perfection with Caribbean flavor</i> )	8.75
Stewed <b>Oxtails</b> ( <i>browned and slow simmered in a flavorful sauce</i> )	11.30
Fried <b>Catfish</b> with fries	6.50

**All Mini Meal Specials with any 2 sides**

<b>Mini Meal - Jerk or Curry Chicken</b>	<b>6.65</b>
<b>Mini Meal – Oxtail</b>	<b>7.38</b>
<b>Mini Meal - Goat</b>	<b>7.35</b>
<b>Mini Meal – Lamb</b>	<b>7.25</b>
<b>Mini Meal – Beef</b>	<b>7.25</b>
<b>Mini Meal - Wings</b>	<b>7.20</b>
<b>Mini Meal – Smoked Turkey</b>	<b>7.20</b>

**(No seafood on mini meals)**

*All entrees served with a choice of two sides (Spinach Rice, Rice and Beans, Blackeye Peas, Cabbage, Green Beans, Sweet Potatoes, Broccoli, Steamed Okra, Plantains, Salad or Baked Macaroni & Cheese), **Callaloo (Fri & Sat)***

**All Sides Are Not Offered Everyday**

**(2.00 each additional side)**

**ALL MEALS PREPARED WITH EXTRA VIRGIN OLIVE OIL EXCEPT FOR FRIED FOODS**

## LITE PLATTERS

Jerk Chicken Salad	6.25	Vegetarian Choice (any three sides)	6.85
Garden Salad (spring mix, cherry tomatoes, black olives, cucumbers)		Small	3.25 Lrg 4.50

## SIDE ORDERS

Jerk, Curry Chicken	6.83	Stew Beef	4.50sm 7.00 lrg	Macaroni and Cheese	3.75
Catfish/Tilapia	4.50 EACH	Goat	5.25sm 8.25 lrg	French Fries	2.35
Lamb Stew	4.75sm 7.75 lrg	Any Rice	3.10	Beef Patty	3.00
Oxtail	5.50sm 10.00 lrg	Any Vegetable	3.00	Chicken Patty	3.00

## BEVERAGES

Can Soda	.85	Bottled Soda	1.25	Bottled Water	1.00	Homemade Sorrell or Ginger Beer	2.00 (No Refills)
Ice Tea	1.25	Lemonade	1.35	(.50 LEMONADE & ICE TEA REFILLS)		Trinidad Solo	2.00 Jamaican Ting 2.00

## DESERTS

Pound Cake	2.75	Peach Cobbler	3.00	Vanilla Ice Cream	2.60
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Effective 3/1/2011

**ASK US ABOUT CATERING YOUR EVENTS, OFFICE MEETING OR PARTIES**