



The Best Caribbean American Home Style Food in Oklahoma City

2701 N. Martin Luther King Ave, Oklahoma City, OK 73111

(405) 424-0456 Fax (405) 424-3934 [caricanflavors.com](http://caricanflavors.com)

WE ACCEPT **Dine In or Take Out** **Vegetarians Welcomed**



Mon – Fri 11am – 6:30pm Sat 12 – 6:30pm

### PLATTERS

<b>Jerk Chicken</b> (seasoned with fresh herbs and cooked with Jerk Spices- mild)	10.00
<b>Curried Chicken</b> (simmered in garlic, cilantro and potatoes with Trinidad curry)	10.00
<b>Jerk Wings</b> (seasoned with fresh herbs and cooked with Jerk Spices - mild)	10.50
<b>Curried Goat</b> (seasoned with fresh garlic and herbs, cooked with Trinidad curry)	12.59
<b>Lamb Stew</b> (grilled, then sautéed in carrots, onions and peppers)	12.51
<b>Fried or Grilled Catfish</b> (catfish fillet seasoned with fresh herbs)	10.15
<b>Grilled Tilapia</b> (seasoned with fresh herbs and grilled with tomatoes, onions & peppers)	9.87
<b>Stewed Beef</b> (cooked to tender perfection with Caribbean flavor)	10.52
<b>Stewed Oxtails</b> (browned and slow simmered in a flavorful sauce)	12.90
<b>Fried Catfish</b> with fries	6.80
<b>Stewed Red Snapper</b> (sautéed with fresh herbs, tomatoes, onions & peppers)	12.60
<b>Smoked Turkey Legs</b> (cooked with fresh herbs, tomatoes & onions)	10.15
<b>Hawaiian Wings</b> (prepared with a pineapple barbecue sauce and Jerk Spices-mild)	10.80 (Tue & Fri)

**ALL MEALS PREPARED WITH EXTRA VIRGIN OLIVE OIL EXCEPT FOR FRIED FOODS**

All entrees served with a **choice of two sides** (Spinach Rice, Rice and Beans, Blackeye Peas, Cabbage, Green Beans, Sweet Potatoes, Broccoli, Plantains, Salad or Baked Macaroni & Cheese), Steamed Okra &

**Lentils(Wednesday), Callaloo (Fri & Sat) All Sides Are Not Offered Everyday**

**(\$2.00 each additional side with the purchase of a platter or mini meal)**

### MINI MEALS

<b>Mini Meal - Jerk or Curry Chick</b>	<b>8.30</b>	<b>Mini Meal – Wings</b>	<b>8.63</b>
<b>Mini Meal - Oxtail</b>	<b>9.23</b>	<b>Mini Meal – Smoked Turkey</b>	<b>8.58</b>
<b>Mini Meal - Goat</b>	<b>9.00</b>	<b>Mini Meal – Snapper</b>	<b>9.00</b>
<b>Mini Meal – Lamb</b>	<b>8.95</b>	<b>Mini Hawaiian Wings</b>	<b>8.75</b>
<b>Mini Meal - Beef</b>	<b>8.77</b>	<b>( No Catfish or Tilapia for Mini Meals)</b>	

**Kids Meal – Children under 12 yrs old (2 sides with a choice of Jerk or Curry chicken or Red Snapper) 6.50**

### LITE PLATTERS

Jerk Chicken Salad (garden salad with Jerk chicken)	7.00	Vegetarian Choice (any three sides)	8.00
Garden Salad (spring mix, cherry tomatoes, black olives, cucumbers)		Small	3.75 Lrg 4.85

### LARGE SIDE ORDERS

Jerk or Curry Chicken	8.50	Stew Beef	7.25 sm 10.00 lrg	Macaroni and Cheese	4.25
Catfish or Tilapia	4.50 EACH	Goat	8.00 sm 11.00 lrg	French Fries	2.50
Lamb Stew	7.75 sm 10.75 lrg	Any Rice	3.35	Jamaican Beef Patty	3.00
Oxtail	9.00 sm 13.00 lrg	Any Vegetable	3.25	Jamaican Chicken Patty	3.00

### BEVERAGES

Can Soda	.85	Bottled Soda	1.35	Bottled Water	1.00	Apple Juice	1.50	V8 Juice	1.50
Sorrell	2.25 (No Refills)	Ginger Beer	2.25 (No Refills)	Trinidad Solo	2.25	Jamaican Ting	2.00		
Lemonade	1.75	Ice Tea	1.65 (sweet or unsweetened)	<b>(1 FREE REFILL - LEMONADE or ICE TEA)</b>					

### DESSERTS

Pound Cake	3.15	Peach Cobbler	3.35	Vanilla Ice Cream	2.70	Cinnamon Ice Cream	2.85
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**Effective 5/1/2016 ASK US ABOUT CATERING YOUR EVENT, OFFICE MEETING OR PARTY**

**ALL PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE**